Woodland Adventure









Our woodland adventure sessions are designed to help your child develop a love and appreciation for nature and the outdoors. The sessions are very much child-led; we have several routes around the local village, all providing space and opportunity for exploring dependent on the interests of our adventurers. We keep our groups small, working on a ratio of 1:2. This allows us to really get to know each individual child and enables your child to become familiar with their friends and our team. We all sit down together and enjoy a morning snack of raisins, jam sandwiches and a drink of hot chocolate* to give us plenty of energy for playing, exploring and most importantly, having fun.

We ask that children are always sent with wellies, waterproofs and a change of clothes as we adventure whatever the weather!

Our curriculum is based on the principles set out in the Early Years Foundation Stage (EYFS), which is the framework that all early years providers work within to ensure the best standards of care for your child.

The framework identifies 3 prime learning areas;

<u>Personal, Social and Emotional Development (PSED):</u> Our exciting weekly adventures will allow your child to be actively learning, developing their self-confidence, self-awareness and independence whilst building positive relationships through shared experiences.

<u>Communication and Language</u>: Our low ratios, allow children to gain the confidence to naturally express themselves, their thoughts and how they are feeling during every session. As we explore and play in different environments, we provide the opportunity for discussion, questions and learning; talking about what we see, hear, smell and feel. As a group we talk to one another and ask open ended questions to expand vocabulary.

<u>Physical Development:</u> Being outdoors allows us to run, balance, jump, climb, crawl, roll and everything in between! We can usually be found splashing in puddles, climbing trees, racing across fields and tackling obstacles. This, in addition to mud painting, making stick men, nest building and mini-beast hunting challenges and supports your child's physical growth and development.

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In addition to the 3 prime areas, the EYFS also includes 4 specific learning areas;

Mathematics: Our adventures provide natural opportunities for counting, observing sizes, shapes and patterns within the environment.

Expressive arts and design: The materials and objects we find whilst exploring are used by our adventurers in their own unique ways to make some fantastic creations.

Literacy: Using muddy puddles and sticks or leaves for mark making, spotting signs and symbols around us as we wander.

Understanding the world: As the seasons change, we are able to watch as the world around us changes, embracing all the seasons and observing nature.

If your child would love to join are Woodland Adventuring team, on Wednesday and/or Friday mornings, please contact us on: gepsupervisor@hotmail.com or visit our website on www.grindlefordandeyamplaygroup.org.uk

^{*}Alternatives available, please just ask!