

## **013 Health and Hygiene Policy**

Grindleford and Eyam Playgroup promotes a healthy lifestyle and a high standard of hygiene in its day to day work with children and adults. This is achieved in the following ways:

### **Health**

Parents are asked to inform the supervisor as soon as possible if their child is unwell. The child will be marked as absent on the register and an absence log will be completed for any child in receipt of the Early Years Funding.

Parents are asked to keep their children at home if they have any infection, and to inform the pre-school as to the nature of the infection. This will allow the pre-school to alert other parents as necessary and to make careful observations of any child who seems unwell.

If the children of Grindleford and Eyam Playgroup staff are unwell, the children will not accompany their parents/carers to work in the pre-school.

Grindleford and Eyam Playgroup will notify parents of current illnesses that have been reported in the setting.

### **Exclusion Procedure for Illness/Communicable Disease**

Infection in a pre-school can spread rapidly not only amongst children but also staff.

Parents are required to keep their children at home if they have any infection and to inform the pre-school supervisor as to the nature of the infection to enable other parents to be alerted.

Any child who is obviously unwell on arrival at pre-school will not be accepted.

If your child becomes unwell during the course of the session – has a temperature, sickness, diarrhoea or pains, particularly in the head or stomach - you will be contacted and, if necessary, asked to collect. If we are unable to contact you personally we will telephone the other numbers that you have given us as alternatives. It is therefore essential that emergency contact numbers are kept up to date.

A member of staff will stay with the child and keep the child as comfortable as possible until somebody is able to collect them. If a child has a temperature, they are kept cool, by removing top clothing, sponging their heads with tepid water, but kept away from draughts. Temperature is taken using a tympanic thermometer kept in the lockable cupboard. A disposable ear probe cover must be used each time.

In extreme cases of emergency the child should be taken to the nearest hospital and the parent informed.

The guidance Children and young people settings: tools and resources contains the latest information including exclusion periods for common infections.

<https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/children-and-young-people-settings-tools-and-resources#exclusion-table>

### **Reporting requirements**

If a child or adult is suffering from a notifiable disease under the Public Health (Control of disease) Act 1984 and The Health Protection (Notification) Regulations 2010, the GP will report this to the local UKHSA health protection team.

When the group becomes aware, or is formally informed of a notifiable disease, the manager notifies Ofsted and acts on any advice given.

3.57 Registered providers must notify Ofsted, or the agency with which a provider of CoDP is registered, of any food poisoning affecting two or more children cared for on the premises. This must be done as soon as is reasonably practical, but, in any event, within 14 days of the incident. A registered provider who, without reasonable excuse, doesn't meet this requirement commits an offence.

3.63 Registered providers must notify Ofsted, or the agency with which a provider of CoDP is registered, of any serious accident, illness, or injury to, or death of, any child while in their care, and of the action taken. This must be done as soon as is reasonably practicable, but in any event, within 14 days of the incident occurring. A registered provider who, without reasonable excuse, does not meet this requirement commits an offence. Providers must notify local child protection agencies of any serious accident or injury to, or the death of, any child while in their care, and must act on any advice from those agencies.

### **Early Years Foundation Stage Statutory Framework January 2024**

#### **Information Sources**

Parents will have the opportunity to discuss health issues with Grindleford and Eyam Playgroup staff and will have access to information available to Grindleford and Eyam Playgroup. We will maintain links with health visitors and gather health information and advice from the local health authority information services and/or other health agencies.

#### **Hygiene**

Hygiene rules related to body fluids are followed with particular care and all staff and volunteers are made aware of how infections, including HIV infection, can be transmitted.

Cuts, wounds or open sores, whether on adults or children, will be covered with sticking plaster or other dressing. Activities such as preparing and serving food, playdough, sand or water play should be avoided by staff and children if they have open wounds on their hands.

#### **Hand washing**

Hand washing is one of the most important ways of controlling the spread of infections, especially those that cause diarrhoea and vomiting, and respiratory disease. We will display a suitable hand washing guidance poster near sinks used by staff and children. Staff will demonstrate hand washing techniques, helping the children to develop good hygiene habits.

The recommended method is the use of liquid soap, warm water and paper towels. Both staff and children to wash hands when they are obviously dirty and in the following circumstances:

Before handling, preparing, serving or eating food  
Before giving medication to a child

After touching anything that may be contaminated, including soiled clothing  
After contact with blood or body fluids  
After using the toilet or helping a child on the toilet or potty  
After changing nappies, even if gloves are worn  
After blowing nose or wiping runny nose  
After handling an animal/pet, cages or related items such as bedding  
After removing single use or other protective gloves  
After any cleaning procedure

At Forest school and Woodland adventure the children use wet wipes to clean their hands, staff will support younger children to do this. If a child's hands have come into contact with faeces then clean water will be poured over them before wiping again.

### **Coughing and sneezing**

Coughing and sneezing easily spread infections. Children and adults should be encouraged to cover their mouth and nose with a tissue. Hands must be washed after using or disposing of tissues. Spitting should be discouraged.

### **Personal protective equipment (PPE)**

Disposable non-powdered vinyl or latex-free CE-marked gloves must be worn where there is a risk of splashing or contamination with blood/body fluids (for example, nappy changing). Disposable plastic aprons are available for staff use if required.

### **Cleaning of the environment**

A regular cleaning schedule is essential to prevent the spread of infection. The cleaning schedule should cover the equipment and resources in each area, how often it should be cleaned and by what method. See 006 GEP cleaning schedule.

In the event of a pandemic or an outbreak of diarrhoea and vomiting then we will increase the frequency of cleaning and suspend activities such as sand/water play, cookery and use of soft toys.

### **Cleaning of blood and body fluid spillages**

All spillages of blood, faeces, saliva, vomit, nasal and eye discharges should be cleaned up immediately (always wear PPE). When spillages occur, clean using a product that combines both a detergent and a disinfectant. Use as per manufacturer's instructions and ensure it is effective against bacteria and viruses and suitable for use on the affected surface. Never use mops for cleaning up blood and body fluid spillages – use disposable paper towels and discard waste as described below.

### **Laundry**

Spare clothing, including pants, is available in case of accidents. Children's soiled clothing should be bagged to go home, never rinsed by hand.

Any items of GEP soft furnishings or fabrics such as rugs or cushions should be laundered at the hottest wash the fabric will tolerate. Wear PPE when handling soiled items.

### **Waste**

Used nappies, gloves, aprons and materials used to clean up a spillage should be placed in a disposable bag and put in a foot-operated bin. At the end of the session this bin will be emptied into the large bin on pavilion car park.

### **HIV/AIDS/Hepatitis procedure**

HIV virus, like other viruses such as Hepatitis, (A, B and C) are spread through body fluids. Hygiene precautions for dealing with body fluids are the same for all children and adults.

Single use vinyl gloves and aprons are worn when changing children's nappies, pants and clothing that are soiled with blood, urine, faeces or vomit.

Protective rubber gloves are used for cleaning/sluicing clothing after changing.

Soiled clothing is bagged for parents to collect.

Spills of blood, urine, faeces or vomit are cleared using a spill pack. Tables and other furniture, furnishings or toys affected by blood, urine, faeces or vomit are cleaned using a disinfectant.

## Grindleford and Eyam Playgroup - policy

### **Further guidance**

Health protection in schools and other childcare facilities (2017)

Supporting pupils at school with medical conditions: links to other useful resources (2017)

### **Documentation**

This policy is part of our health policies and procedures and should be read in conjunction with:

009 GEP Administering medicines

010 GEP Animals in setting

011 GEP First aid

012 GEP Food and drink

014 GEP Managing allergies

015 GEP Nappy changing

016 GEP Sun protection

**This policy was adopted at a meeting of Grindleford and Eyam Playgroup:**

**Held on:**

**Date to be reviewed:**

**Signed on behalf of the committee:**

**Name of signatory:**

**Role of signatory:**